

**13th Annual Tenderfoot Mountain Du/Tri
Saturday, September 4, 7am
Tenderfoot Mountain Kiwanis Kids' Triathlon
Sunday, September 5, 10am
Salida Hot Springs Aquatic Center**



**INDIVIDUALS AND EACH TRI-TEAM MEMBER MUST FILL OUT THIS ENTRY FORM
AND A LIABILITY WAIVER**

(All tri-team forms and waivers must be submitted together.)

Triathlon - Adult _____

Duathlon - Adult _____

Team Triathlon - Adult _____ (circle: swim, bike or run)

Triathlon Team Name _____

Kids' Triathlon _____ *Note: No Kids' teams or Duathlon teams. Triathlon teams can consist of 2 or 3 members.*

NAME (FIRST) _____ (LAST) _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ E-MAIL _____

D.O.B. ____/____/____ AGE ON RACE DAY _____ MALE _____ FEMALE _____

T-SHIRT SIZE: (ADULT – gender specific) S ___ M ___ L ___ XL ___ **KIDS:** Youth S ___ M ___ L ___ Adult S ___

AGE DIVISIONS: 15-19 20-29 30-39 40-49 50-59 60-69 70+ **Kids':** 5-7 8-10 11-12 13-14

MANDATORY (Adults Only): Projected time for 1000 meter (1k) indoor pool swim _____ (40 minutes max.)
The Hot Springs lap pool is 25 meters in length. 1k = 40 lengths or 20 laps. Please be as accurate as possible.

EARLY REGISTRATION DEADLINE: 8PM, August 21

Late entries accepted 8/22-9/2 until 8PM. ******All late entries are charged an additional \$15.00 fee******

KIDS' TRIATHLON: On-line Registration closes at 8PM on 9/2; walk-in/mail-in registration closes at 8PM on 9/4.

NO RACE DAY REGISTRATION

Each entry fee includes a t-shirt, race bag and lunch (adult race) or snacks (kids' race)

ENTRY FEES

Triathlon Individual:	\$65	(\$80 from 8/22 – 9/2)	\$ _____
Duathlon Individual:	\$45	(\$60 from 8/22 – 9/2)	\$ _____
Triathlon Team:	\$100	(\$115 from 8/22 – 9/2)	\$ _____
Kids' Triathlon:	\$20		\$ _____

(\$20 for 1st child; \$15 for any additional child from the same family.)

Salida Recreation Youth Scholarship Fund Donation: \$ _____

(The Salida Recreation Department is collecting donations for a youth scholarship fund. All donations will go directly to this fund which provides scholarships to Chaffee County youth to offset participant fees for recreation and aquatic programs.)

TOTAL ENTRY FEES: (Including donation) \$ _____

ENTER EARLY!

Make checks payable to: Salida Tenderfoot Mtn. Triathlon

Please send your entry forms, signed waivers and entry fees to:
Triathlon Registration
Kristy Falcon, Race Director
410 West Highway 50
Salida, CO 81201

For more information, call Kristy Falcon at 719-539-6738, visit our website at www.tenderfoottriathlon.com or email salidaraces@gmail.com.

